



# **Certificate in Working with and Facilitating Groups**

## **BRIEF COURSE INFORMATION**



**February 2023**

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## INTRODUCTION

Starting in **February 2023**, the Physis Scotland Certificate in Working with and Facilitating Groups course will be delivered online over 6 days of interactive and experiential training, over a 3-month period.

This Certificate course will enable you to:

- Explore the practicalities of running a Group
- Critically assess the different types of Groups and the practical & clinical implications of each type
- Gain an understanding of a variety of Group Theories and become aware of how to apply them in practice
- Develop an awareness of unconscious Group Processes and how to work with them systemically
- Identify the benefits and difficulties of working with Groups in-person versus online

This course is suitable for Therapists, Counsellors, Coaches, Mental Health Workers, Social Workers and all other caring professionals, HR Managers and teachers who facilitate or are interested in facilitating groups.

## **COURSE DATES FOR 2023**

11<sup>th</sup>/12<sup>th</sup> February 2023

11<sup>th</sup>/12<sup>th</sup> March 2023

1<sup>st</sup>/2<sup>nd</sup> April 2023

## **TRAINER**

[Susie Hewitt TSTA-P](#)

## **VENUE**

Online event, via Zoom.

We are delighted to offer the Certificate in Working with and Facilitating Groups online. Course participants can join us from the comfort of your own home, from wherever you are located around the globe. We will be delivering the programme by Zoom technology, an excellent platform that will allow time for experiential work in break out rooms. Course participants can communicate with the trainer both by voice and text via the online chat box. A Zoom link will be provided in advance of each weekend.

## ASSESSMENT

You will be given written feedback based on the tutor's assessment of your skills practice in Module 3. Following attendance of all three modules and participation in experiential group therapy plus skills practice in Module 3, you will receive a Certificate from Physis Scotland in "Working with and Facilitating Groups".

## FEEDBACK

Student feedback is collected informally throughout the course, and through a feedback form at the end of the final module. At any point students are invited to contact the course tutor if they are in need of academic or pastoral support.

Administrative queries should be directed to Olivia Burroughs, Physis Scotland Administrator on [enquiries@physisscotland.co.uk](mailto:enquiries@physisscotland.co.uk) or 07927 557217

## COURSE STRUCTURE

**Module One:** Group Theory; Practicalities & Different Types of Groups

**Module Two:** Planning your Group; Finding your Style; Group Development, Cohesion and Boundaries

**Module Three:** Participation in an experiential group as a member plus, small Group Skills Practice

## TRAINER BIOGRAPHY

### **Susie Hewitt, TSTA**

Susie Hewitt TSTA-P, MSc Psychotherapy; UKCP Reg Psychotherapist & Supervisor; BACP Accred. is a Teaching and Supervising Transactional Analyst based in Manchester. She has run continuous Therapy Groups for the past 12 years in her Private Practice. She is a Core Tutor for Physis Scotland and also a Primary Course Tutor for Manchester Institute for Psychotherapy. She has a particular interest in systems, coming from a complex family system (birth & adoptive), working in large IT Corporations including IBM for the first fifteen years of her career, where she facilitated large groups internally and externally in her client base.

## FEES

Certificate fee: £690 (3 taught modules over 3 weekends). £75 deposit plus 3 x £205 if self-funding. If you are being sponsored through your organisation, the fee is £1000. £75 deposit plus the remaining balance before the commencement of the course.

A deposit as indicated above is required to secure your place. The balance may be paid in full 1 week before the start of the course, or spread over 3 instalments if self-funding, paid in February, March, and April. Please complete the appropriate section of the registration form to take up the instalment payments option.

## HOW TO APPLY FOR THE CERTIFICATE IN WORKING WITH AND FACILITATING GROUPS

To apply for the Certificate in Working with and Facilitating Groups, you need to complete and return an application form and attach a copy of your CV along with a copy of your professional indemnity insurance if applicable. In addition, you need to attach a personal statement where you tell us why you are applying for the course.

Once we receive your application, we will make contact with your referees. Upon receipt of satisfactory references, you will be offered an unconditional place on the course.

If you would like to apply for the course and have not received an application form with this booklet, please contact [enquiries@physisscotland.co.uk](mailto:enquiries@physisscotland.co.uk) or 07927 557217 to request your application form. Please also contact us if you have any other questions about the course. The deadline for applications for the Certificate is **20<sup>th</sup> January 2023**.

## CONTACT US

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