**Starting in September 2022**

**ARE YOU LOOKING FOR A WAY TO STAY FOCUSSED, MOTIVATED AND CONTINUE YOUR JOURNEY TO CTA AT YOUR OWN PACE?**

**JOIN A PHYSIS SCOTLAND ONLINE EXAM PREPARATION/CPD GROUP**

Maintaining focus and motivation in the exam prep period can often prove challenging for students when they have completed their formal TA training. To this end, Physis Scotland is delighted to announce we will be offering an ongoing Exam Preparation Group (6 days over 10 months) starting in September 2022 to support students who are preparing for their CTA exam. The group will be facilitated by Helen Rowland, PTSTA.

The group will be open to trainees who have completed four years of core TA training. It will be a closed group and have a maximum of 8 members.

All members of the groups will be in regular clinical supervision and will be engaged in preparation for their CTA exam.

The format is structured to focus on the skills and tasks of the CTA exam process, whilst enable you to feel confident in demonstrating your work as a counsellor and/or psychotherapist.

**Joining an Exam Preparation/CPD Group will enable you to:**

* Do transactional analysis through presentation and analysis of tapes
* Develop your identity as a practitioner through presentations of theory of your own choice/interest
* Extend your knowledge of TA and the psychotherapeutic process through planned teaching by your trainer
* Feel stimulated, stretched, focussed, and motivated as you work towards achieving your goal
* Supervise each other’s practice – a fantastic way to develop a meta-view of psychotherapeutic work
* Familiarise yourself with the CTA oral exam processes
* Receive group support and discussion about the CTA Written Exam preparation
* Participate in a mock exam – either candidate or examiner
* Learn tools and techniques to help you manage any anxiety around being observed and assessed
* Discuss ethical dilemmas
* Consider practical issues such as which recording equipment to use
* Familiarise yourself with the marking criteria
* Receive supervision on the exam process.

The content of the days will be contracted for at the beginning of each day, depending on the needs and wants of the group members.

The group will meet **online** from 10.00 to 5.00 on **Fridays**. The dates are as follows:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| **TA Exam Prep Group** | **Sept 2022**  **30** | **Nov**  **25** | **Jan 2023**  **27** | **Mar**  **24** | **May**  **26** | **July**  **28** |

Please note that all training groups including Exam Preparation Groups run subject to a minimum number of participants.

The fee for the group will be £480 (equivalent to £80 per full day group). This may be paid in one instalment due by 16th September 2022 or by 3 instalments spread as follows

|  |  |
| --- | --- |
| **Date** | **Instalment Amount** |
| 16th September 2022 | £160 |
| 1st February 2023 | £160 |
| 1st May 2023 | £160 |

Please note that the full fee remains payable if you decide to withdraw from the course or exit early.

To secure your place in the exam prep group, please complete and return the attached form to [enquiries@physisscotland.co.uk](mailto:enquiries@physisscotland.co.uk) by **16th September 2022**.

Fiona Cook and Fiona Firman

Directors of Training

Physis Scotland

**REGISTRATION FOR EXAM PREPARATION GROUP**

**Conditions of Registration**

* I have completed all due assignments from my advanced training
* I have achieved my Diploma Exam
* I am in regular supervision with a TA supervisor
* I am in regular therapy complying with UKCP and UKATA requirements
* I am a student or contractual trainee member of UKATA

**Payment Options**

Please tick the appropriate box:

I am self-funded and wish to pay for the course by a single payment of £480 by 16/09/2022

*or* by 3 instalments of £160.00 on the following dates - 16/09/2022, 01/02/2023, 01/05/2023

**OR**

I am sponsored by a charity in the voluntary sector or by an organisation, please invoice the charity or organisation for the group fee

Organisation \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Authorising Official \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Order no. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Telephone \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Making Your Payment**

Payments can be made by Bank Transfer to **Physis Scotland, Acc number: 16931057, Sort Code: 09-01-29** or by sending post-dated cheques for your full balance or instalment amounts made payable to Physis Scotland. Please tick which option you would like:

BACS Transfer on or before the agreed dates outlined above

Post-dated Cheques (enclosed with this registration)

**Please register me for the Exam Preparation Group**

I have read and agree with the Conditions of Registration and I have selected the terms of payment and provided details of any sponsoring organisation (if applicable).

If I decide to withdraw from the course, I understand that the full fee remains payable.

Signed \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Name \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ / /2022

Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Email \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Registration forms should be returned no later than 16th September 2022.**