



Certificate in Working with and Facilitating Groups

BRIEF COURSE INFORMATION



Spring 2022

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INTRODUCTION

Starting in **March 2022**, the Physis Scotland Certificate in Working With and Facilitating Groups course will be delivered online over 6 days of interactive and experiential training, over a 3-month period.

This Certificate course will enable you to:

- Explore the practicalities of running a Group
- Critically assess the different types of Groups and the practical & clinical implications of each type
- Gain an understanding of a variety of Group Theories and become aware of how to apply them in practice
- Develop an awareness of unconscious Group Processes and how to work with them systemically
- Identify the benefits and difficulties of working with Groups in-person versus online

This course is suitable for Therapists, Counsellors, Mental Health Workers, Social Workers and all other caring professionals who facilitate or are interested in facilitating groups.

COURSE DATES FOR 2022

26/27 March 2022

30 April/1 May 2022

28/29 May 2022

TRAINER

[Susie Hewitt TSTA-P](#)

VENUE

Online event, via Zoom.

We are delighted to offer the Certificate in Working With and Facilitating Groups online. Course participants can join us from the comfort of your own home, from wherever you are located around the globe. We will be delivering the programme by Zoom technology, an excellent platform that will allow time for experiential work in break out rooms. Course participants can communicate with the trainer both by voice and text via the online chat box. A Zoom link will be provided in advance of each weekend.

ASSESSMENT

You will be given written feedback based on the tutor's assessment of your skills practice in Module 3. Following attendance of all three modules and participation in experiential group therapy plus skills practice in Module 3, you will receive a Certificate from Physis Scotland in "Working With and Facilitating Groups".

FEEDBACK

Student feedback is collected informally throughout the course, and through a feedback form at the end of the final module. At any point students are invited to contact the course tutor if they are in need of academic or pastoral support.

Administrative queries should be directed to Olivia Burroughs, Physis Scotland Administrator on enquiries@physisscotland.co.uk or 07927 557217

COURSE STRUCTURE

Module One: Group Theory; Practicalities & Different Types of Groups

Module Two: Planning your Group; Finding your Style; Group Development, Cohesion and Boundaries

Module Three: Participation in an experiential group as a member; plus small Group Skills Practice

TRAINER BIOGRAPHY

Susie Hewitt, TSTA

Susie Hewitt TSTA-P, MSc Psychotherapy; UKCP Reg Psychotherapist & Supervisor; BACP Accred. is a Teaching and Supervising Transactional Analyst based in Manchester. She has run continuous Therapy Groups for the past 12 years in her Private Practice. She is a Core Tutor for Physis Scotland and also a Primary Course Tutor for Manchester Institute for Psychotherapy. She has a particular interest in systems, coming from a complex family system (birth & adoptive), working in large IT Corporations for the first fifteen years of her career, and running psychotherapy groups for over a decade.

APPLICATION

An application form is available online at <https://www.physisscotland.co.uk/certificate-in-working-with-and-facilitating-groups/> or by emailing Physis Scotland at enquiries@physisscotland.co.uk or telephoning 07927 557217.

The deadline for applications for is the **12th March 2022**.

FEES

Certificate fee: £650 (3 taught modules over 3 weekends). £95 deposit plus 3 x £185 if self-funding. If you are being sponsored through your organisation, the fee is £950. £95 deposit plus the remaining balance before the commencement of the course.

A deposit as indicated above is required to secure your place. The balance may be paid in full 1 week before the start of the course, or spread over 3 instalments if self-funding, paid in March, April, and May. Please complete the appropriate section of the registration form to take up the instalment payments option.

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