



Diploma in Counselling Supervision



BRIEF COURSE INFORMATION

DIPLOMA IN SUPERVISION COURSE DATES FOR 2020/21

3rd/4th October 2020

23rd/24th January 2021

20th/21st March 2021

5th June/6th June 2021

21st/22nd August 2021

TRAINERS:

Bev Gibbons PTSTA

Ronen Stilman PTSTA

VENUE:

Physis Scotland, 22 Drumsheugh Gardens, Edinburgh, EH3 7RN

Please note that Physis Scotland will be observing ongoing Government advice regarding Coronavirus, and this may mean that some of your 2020-2021 training will be delivered online. Course participants will be advised as soon as possible of any such changes.

Starting in **October 2020**, the Physis Scotland Diploma in Supervision course will be delivered over 10 days of highly interactive and experiential training, spread over an 11 month period.

This dynamic training will enable you to:

- Develop an in depth knowledge of several models of supervision, both developmental and task focussed
- Establish a clear ethical framework for your work as a supervisor, and enable your supervisees to develop their own ethical thinking and practice
- Understand the differences between therapeutic work and supervision, and be able to work at the boundary of these aspects whilst maintaining the role of supervisor
- Learn supervision skills for working with both novice and experienced counsellors, and apply appropriate interventions to working with both groups
- Understand and critique applications of supervision for both individual and group supervision
- Develop your identity as a supervisor based on your own philosophy of supervision.

Applicants must have a COSCA Diploma in Counselling or equivalent minimum level of counselling/psychotherapy training, have worked as a counsellor or psychotherapist for 2 years post Diploma qualification and completed at least 450 hours of practice as a counsellor or psychotherapist. Applicants must be in ongoing supervision for their clinical practice. A basic knowledge of Transactional Analysis would be an advantage, for example attendance at a TA101 or similar.

In addition, applicants must be either practicing as a supervisor or will have the opportunity to supervise at least 2 supervisees working with adults over the duration of the course. Applicants currently not practicing as a supervisor will be supported in identifying the placement setting where they will acquire the 24 hours of supervised supervision required for the Diploma award and will have a "supervision of supervision" contract in place with a Physis Scotland approved supervisor, before commencing the training.

ASSESSMENT

Formative assessment:

This will be made by the course tutors during the training days, evaluating skills development and understanding of theory demonstrated during the training process. The transcript assignments have a formative assessment component alongside their Summative scoring.

For both awards, the supervisor of supervision will be asked to complete an end of year report. A sample extract (2-3 pages) from the student's reflective learning journal should also be submitted.

Summative assessment:

All written assignments will be graded according to the post graduate assessment scales found in the supervision training handbook.

Transcript analysis – Complete 2 transcripts of 5 minute excerpts of live supervision from your practice, including appropriate "front sheet" information, a commentary, and a 500 word analysis of the work done in each, referring to supervision theory.

Essay (3000 words) - Outline and critically evaluate your philosophy of supervision, including underpinning theories and models, and the ethical framework within which you practice.

Reflective practice assignment (2000) - Reflect and critique your experience of working with models of supervision, including comparing group with individual supervision in terms of process and effectiveness. You can also include extracts from your reflective journal.

Case study (3000 words) - Describe and critically evaluate your chosen models of supervision using 2 case studies from your practice.

Assignment Submission Dates:

Transcript 1 will be submitted by the 31st January 2021

Transcript 2 will be submitted by the 30th April 2021

The essay will be submitted by the 31st May 2021

The reflective practice assignment will be submitted by the 30th June 2021

The case study will be submitted by the 31st August 2021

*All assignments must be submitted in order to complete the Diploma.

MARKING:

All assignments will be double marked.

FEEDBACK:

Student feedback is collected informally throughout the course, and through a feedback form at the end of each taught module. At any point students are invited to contact the course tutors if they are in need of academic or pastoral support.

Administrative queries should be directed to Fiona Cook or Fiona Firman, Directors of Training on enquiries@physisscotland.co.uk or 07927 557217.

COURSE STRUCTURE:

Module 1:

- * Contracting in supervision
- * What is supervision? Introduction to theory and models of supervision
- * Supervision frame – being a supervisee, being a supervisor
- * Supervision skills practice
- * Reflective group space

Module 2:

- * Ethics, ethical dilemmas, development of ethical thinking in professional practice
- * Theory of supervision
- * Supervision skills practice
- * Transactional Analysis models
- * Depth, creativity and metaperspective
- * Demonstration of supervision and discussion

Module 3:

- * Challenge in supervision
- * Supervision skills practice
- * Creative work in supervision
- * Development of own philosophy of supervision 1
- * Supervision as a learning and developmental journey
- * Emotion and supervision

Module 4:

- * Theories of group supervision
- * Compare/contrast with individual supervision
- * Contracting
- * Group skills practice – all across the 3 days
- * Development of own philosophy of supervision 2
- * TA theories and principles of group supervision
- * Role
- * Challenges/considerations/gains in group supervision

ONGOING THROUGHOUT THE COURSE:

- * Supervised supervision practice (total requirement of 24 hours for Diploma supervised at a 1:6 ratio)
- * Reflective learning journal
- * 2 supervised transcript analysis assignments for completion with Supervisor of supervision

TRAINER BIOGRAPHIES:

Bev Gibbons, PTSTA

Bev has a BA Hons in integrative counselling. She works as a trainer, supervisor and psychotherapist in private practice in Leeds. Bev is currently Chair of UKATA Council and has served as Chair of the UKATA Safeguarding Committee.

Bev is passionate about getting TA 'out there' so that as many people as possible are aware of it and can experience themselves positively through its great potential to transform. She is committed to working across all 4 TA fields, and to continuing to explore and experience the potential in relational, co-creative processes. Bev is a Core Tutor at TA Training Organisation in Leeds, and is a Guest Trainer at Physis Scotland.

Ronen Stilman, PTSTA

Ronen has an MSc in TA Psychotherapy. He is an experienced and qualified UKCP registered psychotherapist, supervisor and trainer, and has a private practice based in Edinburgh city centre.

Ronen is a core tutor on the Physis Scotland COSCA validated Diploma in Counselling using TA programme. He has previously taught on a variety of continuous professional development courses such as Working with Couples, Narrative Change Identity Structure and Post Natal Depression.

APPLICATION:

An application form is available from Physis Scotland. Please contact us by emailing enquiries@physisscotland.co.uk or telephoning 07927 557217. The deadline for applications for the Diploma in Counselling Supervision has been extended to the **25th September 2020**.

FEES:

Diploma fee: £1050 (4 taught modules over 5 weekends) £150 deposit plus 3 x £300

A deposit as indicated above is required to secure your place. The balance may be paid in full 1 week before the start of the course, or spread over 3 instalments, paid in September, February, and June. Please complete the appropriate section of the registration form to take up the instalment payments option.

Please note: fees for supervision of supervision are not included and are a matter for agreement directly with your supervisor. Physis Scotland holds a list of suitably qualified and experienced supervisors who are willing to supervise student supervisors on the Diploma course.

Physis Scotland, 22 Drumsheugh Gardens, Edinburgh, EH3 7RN

www.physisscotland.co.uk

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