

Coronavirus (COVID-19)

21st March 2020

Physis Scotland takes the health and safety of our students, TA community, friends and colleagues from other modalities, and fantastic team extremely seriously.

In light of the Government announcing this week that schools and colleges, along with pubs, restaurants, cafes etc., are to close for the foreseeable future, Physis Scotland will continue to offer a full training programme, delivered online. We will be delivering our core training programmes using the online platform Zoom until further notice. Zoom allows for face to face contact with the group and tutor, break-out rooms for small group work/discussions, individual chat and sight of PowerPoint presentations.

Our current students (Diploma in Counselling using TA/Psychotherapy courses, and Diploma in Counselling Supervision programmes) have received full details from us about this.

We are currently in the process of looking at delivering our CPD programme using the excellent online platform Zoom. We will be in contact with those who have registered onto our short courses as soon as possible.

14th March 2020

Physis Scotland are issuing the following information in light of the Coronavirus (COVID-19) situation:

The government formally announced this week that we are moving into the 'Delay' phase of the Coronavirus in the UK. This move has been taken to try to slow down the spread of the virus, to reduce the pressure on our National Health Service and to protect the more vulnerable in our society.

For more information on how to protect yourself from the Coronavirus please refer to the government advice www.gov.uk

Physis Scotland is paying close attention to regional and national developments regarding the current health situation and the impact this may have on our training provision.

At present, Physis Scotland is open, and will continue to offer training, therapy and supervision as normal until more information becomes available and further notice.

We are implementing additional measures to do what we can to contain Coronavirus:

- 1) If any students, staff, clients or supervisees have a cough and/or fever, please follow government advice and stay at home, where you will need to self-isolate for 7 days from when your symptoms started;
- 2) All students, staff, clients and supervisees will be asked to wash their hands with soap and water when they enter and exit our premises. Physis Scotland will supply extra soap, tissues and wet wipes;
- 3) In order to reduce the spread of germs, when you cough or sneeze we ask you cover your mouth and nose with a tissue, or your sleeve (not your hands) if you don't have a tissue, and throw the tissue away immediately. Then wash your hands or use a hand sanitising gel.
- 4) Whilst we are open for business as usual at present – taking the necessary precautions – we do appreciate things can escalate very quickly. With this in mind, we are working hard behind the scenes and planning for potential outcomes. Should or when the government advise greater isolation, training, therapy and supervision will be offered using telephone or online methods (training by Zoom).

Physis Scotland appreciates this is an anxious time for our students, staff, clients and supervisees, and will support our students, staff, clients and supervisees in whatever ways we can to minimise any disruption.

We will update you as soon as we can if you have booked onto one of our courses. Please do check our website regularly before setting out and don't come if you are ill as per above advice.

Please do not hesitate to contact Fiona Cook or Fiona Firman if you need to talk to us about any of these areas.

In the meantime, please keep following government advice about how to protect yourself. Take good care and stay safe.